

Message 07

How humans can gain more life energy through an intimate and sincere connection with the divinity that dwells within them.

Why brooding is very painful and what happens when we do it.

Why generous and God-fearing people should not be interested in political issues and armed conflicts.

Retreating into silence allows, among other things, necessary and cleansing memories to be released. Why caution is advised when using hypnosis.
memories.

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The spirit of love wants to convey a new message from the original source of all being to you, the generous people who are connected to God and take your return to your heavenly home seriously, but also to you, the

The beloved deity knows very well your daily efforts in this world of contradictions, lies, violence, unrest, and wars to find the path that
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if you follow it honestly and consistently, will not lead you into a world of illusions, manipulation, and lies, but will then be the safe way home for you
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The bad news and negative information spread daily worldwide by the media and the Internet plunge many people into deep depression and leave them feeling tired, downcast, and disoriented, even depressed and aimless in their daily lives. This is terrible and a real tragedy. The energy centers of the human being then begin to rotate more slowly, and the cells that together form the various organs can only perform their functions to a very limited extent. This can lead to diseases of various organs, the cause of which is difficult to determine. Despite a healthy lifestyle, especially a balanced diet and physical exercise, all organs, i.e. the organism, lack vital energy. One can imagine this as if one were to gradually reduce the intensity

of a light bulb until it emits only a very faint light
and the person can no longer properly perceive and recognize their immediate surroundings

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However, when the seven energy centers of the human being are sufficiently set in rotation and the rotational speed of the two elementary particles, which are in a dual relationship with each other, is increasingly activated, a better energy flow is created, which begins to circulate in the human body in the opposite direction. The opposite flow of life energies creates a positive field of tension that has a beneficial effect on all organs of the human body. This reduces the risk of illness and increases general well-being. Try several times a day to connect deeply and warmly with the deity you love through the center of your life, the heart of your soul. Express your sincere gratitude to the deity and express your burning desire for an intimate and heartfelt union. Pray fervently that HE will send you signals through your soul that show you where you still have flaws so that you can recognize them and correct them immediately . The moment you are about to commit a mistake, whether in thought, word, or deed, you will immediately be overcome by an unpleasant and oppressive feeling of inner discomfort, as if a switch had been flipped and you no longer feel at ease. Then follow this thought deep within yourself, and you will recognize the reason for your discomfort and your thoughts, words, and actions. Then you will be able to correct things immediately, and you will say to yourself, "That was not good and not right. Dear God, I thank you for the warnings I have felt through my soul." Then you can search for the underlying mistake, find it, understand it, and work hard not to make it again. Remember that everything that is bad weighs heavily on the soul and makes it sad. However, if you do this honestly and seriously several times a day, you will soon feel better. The divine energy will act bipolarly and interactively, penetrating you through the top of your skull and filling your whole being with a calming feeling. You will feel this as a soothing warmth and your

cells will respond with a tingling sensation.

This leads to an increase in the rotational speed of the energy centers. This is necessary in order to constantly re-center yourself and thus overcome the negative energies that surround you.

Unfortunately, you can hardly achieve this from earthly sources. Here the spirit of love gives you another important message. It is about thinking about certain things that keep you awake late into the night. In doing so

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you weave a mental web, similar to a spider, which strongly influences your brain cells and your higher consciousness. Through this dense mental web, woven by your brooding, you inevitably catch all kinds of thoughts and, like a prey caught in a spider's web, you can no longer free yourself from it. Then it can happen that originally positive thoughts suddenly become negative and you even see positive things in a negative light, which makes you increasingly confused, tired, and apathic until you sink into melancholy and weariness of life.

Unfortunately, annoying flies are not the only victims of a spider's web. Fight back and drive away all negative thoughts immediately by saying to yourself, "Go away, I don't want you as thoughts. Go back to where you came from. I want nothing to do with them." Ask your beloved deity and Christ to protect you from such thoughts.

When you raise your human being and your soul to a high vibration, in heartfelt union with the deity, you will immediately be surrounded and protected as if by a cocoon.

Unfortunately, it is rebellious and stubborn earthly souls that cause this and make you victims in order to drain your energy. They themselves no longer possess sufficient life energy because they no longer ask for it from the deity and believe that they can manage just fine on their own. In their arrogance and pride, which they already displayed on Earth, they mistakenly believed that they did not need God's support and loving help. But now they find it very difficult to accept the help offered to them by the spiritual beings, and their souls are dark and distorted. However, they do not have the will to change this and

admit their deep mistakes. Instead, they are constantly on the lookout for human victims to harass them in the worst possible way and weaken them like leeches . Sometimes it can take a very long time for them to improve. This is their current eternal state, but it does not necessarily have to remain so. The beloved deity and the heavenly inhabitants will never give up hope until the last soul has found its way home again. If you are in a high spiritual and human vibration, this will inevitably be perceived by the people around you . Thanks to your light body and spiritual body, you will then be surrounded by a glowing aura. Therefore, you should try to achieve this state as often as possible during the day. Unfortunately, many people have little time during the day as they have to go about their daily tasks and duties. But you see, the remaining time is all too often spent on the internet and social networks. Try to become more aware of the messages spread there. You will quickly realize that they do not convey the vibrations you need to progress on your path. They distract you and convey false information that can harm your soul if you accept it unreservedly in your mind. It can then sometimes take a very long time to put these things back into perspective. Do not let everything penetrate your spiritual and human consciousness. Many of these messages contain information that makes it possible to reprogram your thinking so that you can only focus on them and can no longer detach yourself from them, similar to certain substances that you call drugs. You then fall into a dependency that prevents you from expanding and deepening your consciousness in divine knowledge and through divine inspiration. This false information blocks the reception of messages and thoughts that come from the pure source of divine love and would inspire you to go even further in your thoughts. However, if you try to do this in a deeper and more thorough way, with honest and sincere intention, you will better understand the heavenly principles of life and their laws and thus anchor them within yourselves.

Do not forget: with each new day that begins on Earth, you must renew your decision to continue on the path of return. The machinations of those who want to prevent you from doing so are very significant and influential, even where you would least expect it. Deception, manipulation, and lies are the tools of those who want to prevent you from changing your mind and seeking the intimate connection with God in your spirit. Unfortunately, these people themselves are manipulated by earthbound souls whose goal from the beginning has been the destruction and dissolution of the entire creation. Look around you in this world, where wars always have their origin in the exercise of power and the pursuit of profit, to the detriment of human lives and those who voluntarily enter these wars to defend and protect their country, even if it costs them their lives.

Having arrived in the spiritual world, they believe they must continue because they are unaware that they

have lost their lives in their human bodies. Even now, they find no peace and believe they must stop the enemy. What a tragedy.

Even now, as

spiritual beings, they cannot leave the battlefield and remain there with the sincere intention of defending their country. Can you imagine that? You see, the wars that people wage on the battlefields do not end with the death of a man fallen in battle in the afterlife.

The leaders who instigate these devastating wars do not realize that their actions are futile. They will gain nothing and possess no land when they enter the afterlife after their death. Their striving and desire for more wealth will bring them nothing there. Even then, they will continue to try to achieve their goal by influencing living people who are in the same situation they once were. See, to prevent such a catastrophe, the dissolution of the entire creation, they must be stopped.

Even then, they will continue to

try to achieve their goal by influencing living people who find themselves in the same situation they once were in. Behold, in order to prevent such a catastrophe, the dissolution of all creation, Christ incarnated in the man JESUS, and many of his faithful disciples fulfilled their mission of salvation on this earth.

The language and negative energy used by the leaders of your planet are weapons that destroy people, and they believe they can achieve peace with them.

They are constantly developing new weapons, the effects of which are a consequence of the original reprogramming during the creation of the visible material universe. They do not build life in order to preserve it; they destroy and bring death and destruction, and have been doing so for a long time on your planet. Please distance yourselves

in your minds from these plans of politicians and leaders who supposedly serve peace.

They have exactly the opposite effect. Do not get drawn into such political discussions, for they leave behind dangerous and destructive information that, in the opinion of many people, falsely contains good and security . But this is not the case. Unfortunately, the spirit of love cannot provide you with better information about the development and evolution of your planet. But be aware that you do not need to worry about the future if you constantly align yourself with it. A plan to rescue those who are selfish, seek their mistakes and strive every day to gradually put the principles and laws of heavenly life into practice and refine their character was developed long ago by your benevolent extraterrestrial brothers and sisters in accordance with the divine. Do not be afraid of the appearance of their spaceships and hovercrafts, for they serve to rescue benevolent and good-willed people whose goal in life is to return to the right path to their beloved spiritual brothers and sisters, in loving union with the beloved divinity.

Their intention is to offer their help selflessly, and they pose no danger, contrary to what is shown in movies.

The spirit of love has pointed out that many people in their everyday lives are often deliberately distracted by the media and the internet. This is to prevent you from finding peace and listening to your inner self. However, this is a necessity and a need of your soul. When you listen to your inner self in silence, many memories of your life, known as sequences, can be evoked. These

are different stages of your life. Allow them to come and do not resist them. They may be pleasant or less pleasant memories that play out like a movie before your mind's eye. Do not be surprised and do not worry. Observe them and let them sink in. These are life experiences and memories that you can't and shouldn't change anyway. However, by letting them sink in, inner cleansing processes take place in which memories buried in your subconscious are released and transferred to your higher consciousness, similar to what dying people experience at the moment of death. But don't worry and don't be afraid, because they have the effect of revealing your innermost self and giving you the opportunity to make corrections. They are part of the maturing process and should not be accompanied by reproaches and feelings of guilt, but serve to reorient yourself with God's help, the spirit of love. You will then realize that your mental state improves when you accept this process.

Thanks to divine help and support, your soul will give you the right thoughts to better align your future life. It will be your guide if you pay attention to its signals. Your soul will rejoice in this and let you know. Ask the deity for special protection so that you are not exposed to the influence of souls bound to the earth.

Thanks to the growing aura of light that surrounds you, they cannot harm you or reach you. If many honest and benevolent people were to apply this, they would receive help and many causes that have previously had a negative effect on their lives would be eliminated. Be honest with yourself and do not be afraid to thoroughly examine your mistakes. Then you will already have taken a big step on the way back.

Many people who do not feel comfortable in their own skin and cannot find the cause but believe they must find it resort to hypnosis.

They are told that they will find the solution by going back to their past lives or even their past incarnations. This messenger has also used hypnosis in his professional work in palliative medicine. However, this was solely for the purpose of alleviating pain and improving the well-being of

patients undergoing chemotherapy. The results were good, the patients felt better, and the pain could be well controlled and alleviated.

However, these applications have nothing to do with deep regression into the subconscious.

The spirit of love explained what happens when certain stages of life are released from cell memory and transferred to the higher consciousness, i.e., the brain, and the person can then remember many events. This process takes place at the right time and at the right moment, and under God's protection, the person suffers no harm. It serves to process a wide variety of events and offers the opportunity to reorient oneself, recognize one's mistakes, correct them, and refine one's character. However, when hypnosis is used, this vital process takes a completely different course. Here, memories are released at the wrong time, leaving the person defenseless and at their mercy. They completely overwhelm the person, who is frightened by the result. It is as if someone had opened the wrong door at the wrong time. The result is a veritable onslaught of deeply buried memories that the person cannot necessarily classify correctly. All this takes time, however, and one has to choose the right moment. Without hypnosis, this happens when the person connects sincerely and deeply with the divine and asks every day to improve their behavior. Their sincerity and honesty towards themselves then become their compass and guide them to the right moment.

Understand this well and think about it clearly. God does not impose rules on people and does not give them commandments or prohibitions about what they should or should not

do. In his goodness, love, tolerance, and benevolence, he offers his help, but this differs from what many people believe. He deliberately leaves no one in darkness and uncertainty and never points the finger at people's mistakes. However, when people sincerely ask for the help of the deity, they are shown the right paths. He certainly does not forbid people from using hypnosis

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but he points out the dangers of spiritual
regression associated with it.

The spirit of love has encouraged this messenger to write this message, as it
is necessary in view of current events in the world. Do not give up your deep desire
to continue on your path home and to align yourselves with the love of God. Never forget
that you are already awaited with joy and jubilation in your heavenly home.

The messenger asks readers of his messages to excuse any spelling mistakes or
complicated phrasing.

However, due to his nationality, he does not have a command of the German language and often finds
it very difficult to find the right words and

phrases to convey the divine inspirations and pictorial messages.

The messenger then rereads what he has written and
does not want to change the meaning by rephrasing it.

It is very difficult anyway to use the

familiar vocabulary correctly in order to faithfully

convey the meaning of what has been received. Furthermore, this ambassador has no one at his side
who could

proofread his work. May the spirit of love open your minds

so that you may correctly understand the meaning of these messages.

In the love of God